

Madeley Matters

Our Communities of Madeley, Sutton Hill & Woodside



142nd Edition | MAY 2025

Meet Madeley Town Councils new Community Action Team



Mark and Kerry are based in the West of the parish and predominately work in Wood side and surrounding area and Paul and Mark are based in the East working around Sutton Hill and surrounding area. These teams are working to make the parish tidier and a nice place to live.

We will be posting examples of their work weekly for you to see the benefits of having a Community Action Team.



Dear families of Madeley Town Council,
We're off to Llandudno!

Join us on Wednesday 20th August for a jolly good time at the seaside.

Trip date: Wednesday 20 August

Who can come: Residents of
Madeley Town Council

Cost: £6 per adult,
children under 18 free

Pick up points: Madeley,
Sutton Hill, Woodside

Ticket Sales: Saturday 12 July

Collect from: Jubilee House

Time: 10am-12noon

What to bring: Cash for
ticket, proof of Madeley Town
Council address



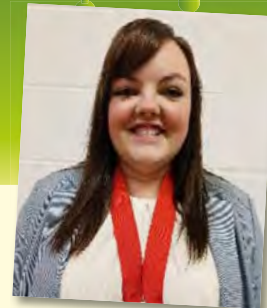
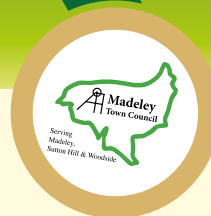
FREE
PLEASE TAKE
ONE

Mayor's Update

Cllr Helena Morgan

f @CllrHelenaMorgan

f @MadeleyTownCouncilTelford



Helena Morgan, who has been a town councillor since 2019, is now going into her fourth term as Mayor after popular vote by the council of Madeley.

Helena Morgan, who has been a town councillor since 2019, is now going into her fourth term as Mayor after popular vote by the council of Madeley. In 2021, Helena was nominated by members of the council to be Deputy Mayor, a position which chairs the finance committee and deputises any events which the Mayor cannot attend, until eventually taking on the role of Mayor in 2022. As a proactive campaigner for change, Helena decided to take on the role in order to provide her the opportunity to incite new development and better understand the community. Within Madeley, Helena's role as Mayor is one of leadership as she is the chairman of the council who takes on both ceremonial and financial tasks such as signing leases, employment contracts, opening businesses and Remembrance ceremonies – of the many roles she has as Mayor, the main thing she is most proud of is the tangible, positive impact she has been able to make on others.

Ever since she was young, Helena always had a fascination with politics. One significant memory she recounted referred to the 1997 election where she recalled, "posters", "stakes in the gardens", "logos on lampposts" and a "van...or lorry with Labour on it", which intrigued her greatly, however it was never a real goal as she grew older, until she met someone in politics, and they allowed her to see how the system worked and the change she could be a part of.

As Mayor, Helena aims to focus on the well-being of the community as she views it as being intertwined within everyday aspects of daily life, whether that be through housing, finances and education. So she hopes by providing help and support through initiatives, Helena can create a contented community. A focus on young people has also been the aim for Helena, through setting up successful youth groups in Sutton Hill and the Park Lane Centre, in order to provide young people somewhere to go and something to do, like games, sports, cooking and other practical lessons.

In the future, Helena is hoping to make the world of politics more palatable for women by making it more inclusive and providing women the opportunity to make their voices heard in addition to allowing young people the chance to speak and provide advice, in order to create a more harmonious environment for the youth. And when asked what she thought about living in Madeley, Helena believes;

"There's no place I've ever been that has a sense of community like Woodside, people will protect you, they will help you, there's nothing like it, and the residents are loyal to Woodside... a sense of community is quite rare these days, and Woodside has managed to keep that, which is really nice."

To all the readers of Madeley Matters

Hello! My name is Jasmine O'Rourke and I shall be working on the Madeley Matters magazine as a writer and editor for as long as I am able as my current aspiration is to be a journalist! I am a 17 year old student at Madeley Academy, currently studying English Literature, History, Sociology and Psychology, plus I am an avid reader who adores any and all sorts of literature. I look forward to covering all of the exciting things happening within this wonderful community!



Madeley Town Council Contact Details

Madeley Town Council Office:

Town Council Office: Jubilee House,
74 High Street, Madeley, Telford, TF7 5AH

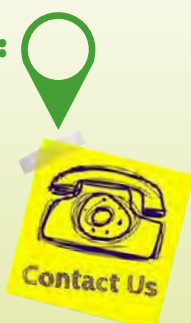
Tel: 01952 567280

Usual opening hours: 9am-4pm Mon-Fri

f Madeley Town Council Telford

Email: info@madeleytowncouncil.gov.uk

Web: www.madeleytowncouncil.gov.uk



Town Council Staff:

Town Clerk – Alison Hinks

T: 01952 567284 E: alison@madeleytowncouncil.gov.uk

Deputy Town Clerk – Sam Middleton

T: 01952 567283 E: sam@madeleytowncouncil.gov.uk

Finance Officer – Deborah Poole

T: 01952 567282 E: deborah@madeleytowncouncil.gov.uk

Admin & Social Media Officer – Sam Wincott

T: 01952 567280 E: samantha@madeleytowncouncil.gov.uk

Wellbeing Officer – Charlotte Dade

T: 01952 567288 E: charlotte@madeleytowncouncil.gov.uk

Madeley Town Council Staff Librarian

T: 01952 382950 E: library@madeleytowncouncil.gov.uk



Madeley Town Council



Madeley Town Council has 6 passes for the Ironbridge Gorge Museums that our residents who live in Madeley, Sutton Hill & Woodside can borrow. These passes give you one day entry to all the Ironbridge Gorge Museums (excluding events). All we ask for is a £10 refundable deposit, photo ID & proof of address in Madeley, Sutton Hill & Woodside. Under 16's must be accompanied by an adult & under 5's are free. The Passes must be booked in advance, collected from Jubilee House and returned after your visit to allow other families to use them. Please email info@madeleytowncouncil.gov.uk or telephone 01952 567280 for more information.

Out of Hours Contact Numbers:

Police Non-emergency 101
or **0300 333 3000**
Food parcels 01952 380 400 or
Out of hours 07545 023 519
Safeguarding Children
01952 676 500
Mental Health 0300 124 0365
Domestic Violence 0800 783 1359
Safeguarding Adults 01952 676 500
Homelessness 01952 676 500
Princess Royal Hospital 111 or
01952 641 222
Street Lights & Highways
0345 155 99 55
Flooding 0345 155 99 55
Madeley Town Council
01952 567 280



Jubilee House

The home of
Madeley Town Council
Open weekdays
9am-4pm



Jubilee House

The home of Madeley Town Council



MON	10-12noon Art Club 1:45-3:30pm Singing
TUE	10-11am Gentle Aerobics 1-3pm Sea change Trust drop-in
WED	11:30-12:30pm Moving on Exercise 9-12noon Nettlecrafts
THU	10-12noon History Group 1-3pm Friendly Retirement Group
FRI	10-11am Gentle Aerobics

74 High St. Madeley, TF7 5AH
Tel: 01952 567 280
Email: info@madeleytowncouncil.gov.uk

Room Hire Available Weekdays 9am-4pm



Marks room £17 per hour
Meeting Room £11 per hour
McGavin room £11 per hour

Other Services:

NHS
Shropshire, Telford and Wrekin
Talking Therapies

**Madeley
Woodside
Sutton Hill**
Credit Union Ltd



Madeley Social

Social group and activities for over 55s

Thursdays 1-3pm
Term-time only



- Sessions £2 per week (unless stated on schedule)
- Pick the activities you wish to join (lots more to come)
- Book sessions in advance at Jubilee House reception

Summer schedule


15th May - Indoor Curling/Big Games
22nd May - Quiz
5th June - Afternoon tea (£4)
12th June - Craft
19th June - Film
26th June - Bingo
3rd July - Movement
10th July - Trip (Etbc)

Tea, coffee
& biscuits
every week

For more information about Madeley Social please email charlotte@madeleytowncouncil.gov.uk or call 01952 567280.

Madeley Community Library

01952 382950 | library@madeleytowncouncil.gov.uk



BOOK SALE


Come along to our pre-loved book sale in aid of the Severn Hospice.

50p per book or 3 for £1

Saturday 21st June 2025

9:30am - 11:30am

MADELEY COMMUNITY LIBRARY @ THE ANSTICE





Socials, events & more!

Your Next Adventure Is Just a Book Away.





Madeley Library, The Anstice

First Tuesday of the month at 6pm

Join our wonderful community of readers each month to have a cuppa and talk about books! For more information, please visit our Facebook Page or Email:

Facebook: Telford Book Club
Email: telfordbookclub@gmail.com



Madeley Community Library

OPENING TIMES

Monday	Closed
Tuesday	9AM - 4PM
Wednesday	9.30AM - 4PM
Thursday	9AM - 4PM
Friday	9AM - 4PM
Saturday	9AM - 12PM
Sunday	Closed

Phone: 01952 382950

Email: kerrie@madeleytowncouncil.gov.uk
www.madeleytowncouncil.gov.uk

Madeley Community Library @The Anstice
Park Avenue, Madeley, Telford TF7 5BB



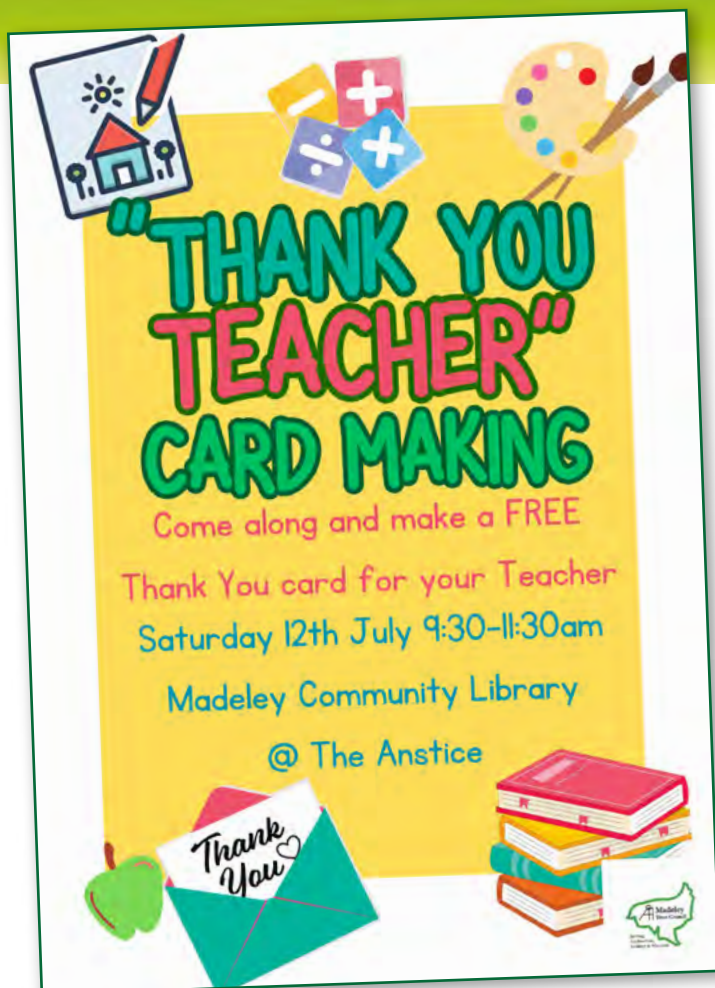

Established by Kay Evans in 2023, Telford Book Club's goal has been to bring people together through the joy and discovery of reading. Together with Carrieann Clayton and Kerryanne Miles, this goal has not only been achieved, but continues to go from strength to strength. Since moving to the Madeley Library this year, the club has developed a bookish aesthetic, being wonderful to be able to talk about books while surrounded by books. "The members are so friendly and welcoming. I'm really proud of how the group has evolved over the years, but has also maintained our core values. We've been really lucky to have formed friendships through a shared love of reading. We love to be able to support the community and local businesses and have had so much fun with different events and activities over the past couple of years. We have lots more planned and we're looking forward to seeing where the next 12 months takes us!"

Telford Book Club are proud to support the community and have done so by hosting local author events, reading retreats, and utilising local small businesses for merchandise and activities for members. One thing that TBC strives to do is making reading accessible to all and they have done this by holding monthly reading socials, supporting Read Easy - a charity who help adults learn to read - and by giving thousands of books to adults and children in the town for free.

If you are interested in joining Telford Book Club or learning more, please feel free to join them at one of their groups .

Madeley Library: The first Tuesday of the month at 6pm or contact them on the following:

email: telfordbookclub@gmail.com **facebook:** <https://www.facebook.com/groups/1457519048174097/>



**"THANK YOU
TEACHER"
CARD MAKING**

Come along and make a **FREE**
Thank You card for your Teacher
Saturday 12th July 9:30-11:30am
Madeley Community Library
@ The Anstice

The poster features a yellow background with various school-related icons: a house with a sun, a paint palette, a stack of books, and a 'Thank You' card. At the bottom right, there is a small logo for Madeley Town Council.



**It's time for
a Macmillan
Coffee
Morning
and you're invited**

Let's do whatever it takes
to support people living with cancer.

Place: Madeley Community Library
Date: Friday 26th September
Time: 9:30-11:30am
Contact: Madeley Town Council
sam@madeleytowncouncil.gov.uk

The poster includes a large illustration of a cupcake with white frosting and sprinkles. At the bottom left, there is a logo for Madeley Town Council and a Macmillan Cancer Support logo. At the bottom right, there is a logo for the Fundraising Regulator.



**300
CHILDREN
IN NEED**

**WE'RE
RAISING
MONEY**

WHAT
Raffle

WHEN & WHERE
Friday 15th November
Madeley Community
Library

CONTACT
Madeley Town Council
sam@madeleytowncouncil.gov.uk

The poster features a yellow background with colorful balloons. At the bottom, there is a large illustration of a teddy bear holding a blue bag that says 'MAKE LIFE LIGHTER FOR CHILDREN'. A small logo for Madeley Town Council is in the top right corner.



**FATHER'S DAY
CARD MAKING**

Come along to
Madeley
Community
Library and
make a free
card for
Father's Day...

Saturday 14th June
9:30-11:30am
Madeley Community Library
@ The Anstice

The poster has a light orange background. It features a large illustration of a smiling man holding a young girl. At the bottom, there are several colorful flowers. A small logo for Madeley Town Council is in the bottom right corner.



WHAT'S ON

What's on...

Hub on the Hill, Sutton Hill

MON DAY	4:30-6pm (starts 28th April) ICAN2 Youth Club Last Monday of the month 6-7pm Sutton Hill Resident's meeting
TUES DAY	9:25-10:45am ~ Families in Telford 3:30-5:30pm ~ Youth Club 5:30-8:30pm ~ Dance Dynamics 2nd & 4th Tuesday of the month 10am-2pm ~ CAB (appointment only)
WED NES DAY	9:25-10:45am ~ Families in Telford 12-4pm ~ Trident Support Service 3:30-5:30 ~ Youth Club 5-7:45pm ~ Calm Cafe 5:30-8:30pm ~ Dance Dynamics
THURS DAY	10-12noon ~ Sutton Hill Social Group 3:30-5:30 ~ Inspire Youth Club 2nd Thursday of the Month 9:30-11am ~ MIND drop-in
FRI DAY	10am-1pm ~ Stop smoking (appointment) 5:30-8:30pm ~ Dance Dynamics

103 Southgate, Sutton Hill, Telford, TF7 4HG
Tel: 01952 898 032
Email: info@madeleytowncouncil.gov.uk

The Hub on the Hill Community Cafe

Opening Hours: 8:30am-4pm

Breakfast 8:30am-12noon Small breakfast £6 1 Sausage, 1 Bacon, 1 Egg, 1 Hash Brown, Beans, Tomatoes and 1 Toast & Tea or Coffee Large breakfast £9 2 Sausage, 2 Bacon, 2 Eggs, 2 Hash Browns, Mushrooms, Black Pudding, Beans, Tomatoes, 2 Toast & Tea or Coffee Kids breakfast £3 Sausage, Egg, Beans, Hash Brown, Toast and Juice Breakfast sandwiches from £3* Egg or Bacon or Sausage Breakfast omelette from £3* Cheese or mushroom or tomato or ham Toast with butter from £1* Jam or marmalade or egg or cheese or beans	Lunch 12 noon - 2:30pm Jacket Potato with butter from £3* Beans or cheese or coleslaw or tuna Sandwiches / panini's from £2.50* Cheese or ham or egg or tuna Kids Meals £3 Fish Fingers or chicken nuggets or sausage with chips & beans Daily lunchtime specials menu £3.50 Friday Roast Dinner with a pudding £5 Cake, tea or coffee 2:30-4pm £2 Variety of homemade cakes *Add an extra item for £1 Vegetarian and vegan options available.
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Drinks Tea, coffee or hot chocolate £1.20 Speciality hot drinks £2.50 Cans / cartons from £1 Squash 50p Milk 50p	Snacks Cake £2 Crisps from 50p Biscuits from £1 Ice-cream from £1
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YOUTH PROGRAMMES

AT

Start something
NEW with our

4All
FOUNDATION

Youth Programmes!

TUESDAYS (Term Time Only)

3:30pm until 5:00pm Junior Youth Club School Years: 3 to 7	4:30pm until 5:30pm Senior Youth Club School Years: 8 to 11
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WEDNESDAYS (Term Time Only)

3:30pm until 5:00pm Junior Youth Club School Years: 3 to 7	4:30pm until 5:30pm Senior Youth Club School Years: 8 to 11
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THURSDAYS (Term Time Only)

3:30pm until 5:30pm
 Inspire Youth Programme
 Ages: 13 to 16

FREE OF CHARGE

ADDRESS:
 Hub on the Hill, Sutton Hill,
 Telford, TF7 4HG

www.4all.foundation

info@4all.foundation

0800 321 3617

YOU'RE INVITED TO THE NEXT

SUTTON HILL RESIDENTS MEETING

HAVE YOUR SAY!

- ➔ Discuss local issues
- ➔ Meet your local Councillors & West Mercia Police

JOIN US:

Monday 30th June
Monday 28th July
Monday 29th September

6 - 7pm
@ The Hub on the Hill
EVERYONE WELCOME

Protect
Care and Invest
to create a
better borough

New I Can 2 Youth Club Launched in Sutton Hill

The 4 All Foundation is delighted to announce the launch of two brand new iCan2 Youth Clubs for members aged 11 to 17!

These exciting sessions will provide young people with the opportunity to take part in a variety of fun activities, including darts, pool, games consoles, arts and crafts, and much more.

The 4 All Foundation is an independent charitable organisation dedicated to delivering local, accessible activities, projects, and initiatives to support the needs and aspirations of communities across Shropshire (including Telford & Wrekin) and surrounding counties. In addition to these new youth clubs, the Foundation continue to run the iCan2 Creative Arts sessions, providing even more opportunities for young people to express themselves and develop new skills.

With over 15 weekly youth programmes currently running across Shropshire, Telford & Wrekin, the 4 All Foundation are proud to have achieved the Telford & Wrekin Youth Quality Mark for 2024 and 2025, reflecting their ongoing commitment to delivering high-quality youth services.

The new iCan2 Youth Club will run on:

• **Monday 4.30-6pm at Hub on the Hill, Sutton Hill**



Launch of new Woodside Youth Club

At the start of March, in partnership with Madeley Town Council and Telford & Wrekin Council, the 4 All Foundation launched their latest youth programme at the Park Lane Centre in Woodside!

This initiative is all about empowering young people, providing opportunities, and creating a positive impact in the community. Stay tuned for more updates and ways to get involved!

This programme takes part every Friday afternoon starting at 3:30pm. No need to book! Turn up and join in!

4 All Foundation Lottery

Support Madeley, Sutton Hill and Woodside Community Programmes

4 All Foundation Lottery! With a top prize of £25,000 to be won!

Tickets for the lottery cost just £1 a week. Each ticket has a 1 in 50 chance to win a prize each week, with a top prize of £25,000! That's a better chance of winning than the National Lottery or the Health Lottery.

Join our lottery page:

<https://www.twinkl.co.uk/support/4-all-foundation>



4 All
FOUNDATION





SUTTON HILL SOCIAL

FREE WELLBEING SESSIONS

JOIN OUR WEEKLY WELLBEING ACTIVITIES!




EVERY THURSDAY
TERM TIME ONLY
10:00AM UNTIL 12:00PM
AT HUB ON THE HILL, SOUTHGATE,
TELFORD TF7 4HG

FREE WEEKLY LUNCH & DRINK!

WEEKLY SESSIONS WILL INCLUDE:

- ARTS AND CRAFT ACTIVITIES
- GARDENING PROJECTS
- FILM DAYS
- PLUS MORE!

NO NEED TO BOOK!

FUNDED BY:



Supported by





Sutton Hill Social

In partnership with 4 All Foundation, Madeley Town Council has recently launched a new group in Sutton Hill, aimed at bringing people together to enjoy arts, crafts, games and more.

Sutton Hill Social is led by the fantastic team at 4 All Foundation each Thursday morning during term time only, from 10am-12noon at the Hub on the Hill.

In addition to the enjoyment of taking part in a range of activities while chatting with a cuppa, those who come along can also pop into the café at the end of the session for a free lunch.

So far, activities have included card, canvas and glass art, as well as bird box and candle making and new age curling. There is much more to come as the group progresses and with so much going on there certainly won't be time to get bored.

Any adults are welcome to attend, and the sessions are completely FREE, so the real question is, if you haven't joined us yet, why not?

**For more information about
Sutton Hill Social and upcoming activities,
email charlotte@madeleytowncouncil.gov.uk
or call 01952 898052.**



WHAT'S ON

INDOOR "CAR BOOT" SALES 2025

We have two further indoor "car boot" sales taking place before the end of the year.

Car boot sales are a great opportunity to make a little extra cash to help with the ever-increasing cost of living (and dare we say put towards the extra costs that Christmas brings), while also having the chance for a good clear out at home.

Not only can a good declutter be good for the house, but it can also be good for the mind too!

For those coming along to browse and buy, it's equally as rewarding, with the chance to save money compared to buying new, and potentially saving perfectly good items going to waste by giving them a new home.

We've already hosted our first two sales of 2025 and we have two more to go before the end of the year. What's more, if you want to come along and sell your pre-loved items tables are free, so any money you make really is yours.

Our sale dates for the rest of the year are 13 September and 15 November and will be held at the Hub on the Hill in Sutton Hill. If you wish to book a table please get in touch no more than ONE MONTH BEFORE each event by email to charlotte@madeleytowncouncil.gov.uk or phone on 01952 567280. As we approach each event, if the weather is looking fine, we shall also try to offer outdoor traditional car boot spaces.

All events take place from 10am-12noon, with set-up from 9am.



Come along to our Repair Café events

If it's broken, don't bin it! Bring it to us and let us try to fix it

Saturday 28th June 10am-2pm
Hub on The Hill Local Centre, 103 Southgate,
Sutton Hill, Telford, TF7 4HG

and
Saturday 27th September 10am-2pm
Park Lane Centre, Park Lane
Woodside, Telford, TF7 5QZ

(Please bring any repairs before 12pm)



We aim to fix: soft toys, clothing, home furnishings, ornaments, household & electrical items.
Please, for safety, no petrol powered items.

Our events are held on the last Saturday of the month, except December, at various locations.
A Charitable Incorporated Organisation registered in England charity number 1202453
Follow us on Facebook

Telford Repair Café

At the end of March, Madeley Town Council was delighted to welcome Telford Repair Café along to the Hub on the Hill in Sutton Hill to hold one of their monthly repair cafes.

They hold an event on the last Saturday of each month at venues around Telford. The idea is to breathe new life into broken items, prolonging their use and reducing the need to buy new. Not only that, but for those items such as jewellery which may have a huge amount of sentimental value, it can be an opportunity to re-love those items for years to come.

Nearly 30 items were brought to the event in March, including rucksacks, gloves, a clock, toy train, vacuum cleaners & soft toys. Around two thirds of the items were repaired, though a few were either beyond repair or designed to be unrepairable!

It's a fantastic initiative run by volunteers. Repairs are free, but any donations are gratefully received to allow for the purchase of replacement nuts, bolts, screws, cotton etc to be restocked for future events.

After such a successful event in March, Telford Repair Café will be returning to the Hub on The Hill in Sutton Hill on Saturday 28 June. Not only that, a further Repair Café has been planned to take place at the Park Lane Centre in Woodside on Saturday 27 September. Both events will take place from 10am-2pm, with skilled volunteers on hand aiming to fix those items that you bring.

Indoor*

*weather permitting, we may also be able to offer outdoor spaces with your car at some of our events.

"CAR BOOT SALE"



Upcoming dates for 2025

Saturday 13 September - Hub on the Hill, Sutton Hill
(book your table from 13 August)

Saturday 15 November - Hub on the Hill, Sutton Hill
(book your table from 15 October)

All events will take place from **10am-12noon** with set up from 9am

Tables are FREE and available to book ONE MONTH BEFORE each event only. To book, please email charlotte@madeleytowncouncil.gov.uk or call 01952 567280.

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Find us at
**104 - 106 Southgate,
Sutton Hill, Telford
TF7 4HG**

For the latest news & events
follow us on social media

@hubonthehillatsuttonhill



PARK LANE CENTRE

A Better Tomorrow

Fire safety improved thanks to £30,000 grant and Aico donation

Woodside based community company, A Better Tomorrow, is celebrating a double boost in a campaign to improve fire safety at properties it runs across Telford.

A Better Tomorrow has been awarded £30,000 from the Clothworkers' Foundation for new fire doors and received free fire alarms for all its properties from Oswestry-based Aico.

The CIC said the support meant 240 fire doors would now be fitted at the 112 accommodation units it runs in the town, along with new mains-powered smoke alarms for all properties.

Scott Morgan, from A Better Tomorrow, said the twin help was a major boost for the company, which supports individuals in recovery from drug and alcohol addiction, those with poor mental health and women fleeing domestic abuse.

"We cannot thank both the Clothworkers' Foundation and Aico enough for the support they have given us with our fire safety project.

"The £30,000 grant will be used to purchase and install new fire doors in all houses following recommendations made by Telford & Wrekin Council's fire officer in line with new regulations post the Grenfell Tower fire.

"At the same time, Aico has agreed to provide new mains-powered smoke alarms in all our properties too, which is an absolutely fantastic gesture."

The Clothworkers' Foundation awards more than £7million annually in capital grants to UK registered charities and not for profit organisations working to improve the lives of people and communities – particularly those facing disadvantage and marginalisation.

A Better Tomorrow was set up in 2014 and now provides accommodation and services to support more than 700 clients and works closely with Telford & Wrekin Council.

Further information on A Better Tomorrow is available at www.abtgroup.org.uk

Chief executive officer at A Better Tomorrow, Scott Morgan



WOODSIDE YOUTH CLUB

EVERY FRIDAY

Park Lane Centre, Woodside

NO NEED TO BOOK

Junior Youth Club
(6 years to 11 years)
3:30pm - 5:00pm

Senior Youth Club
(12 years to 15 years)
4:30pm - 6:00pm

Activities will include
sports, arts/crafts, game consoles, pool, darts and more!

YOUTH OFFER

PLEASE CONTACT US FOR FURTHER INFORMATION
WWW.4ALLFOUNDATION INFO@4ALLFOUNDATION 0800 321 3617

Under 2s

All children under the age of two and their grown ups

Wednesday 12.30pm
Brookside Community Centre

Drop in & Play

All children under compulsory school age and their grown ups

Monday 9.30am - Park Lane Centre
Wednesday 9.30am - The Hub on the Hill

Tums & Tinies

Pregnant ladies and babies until they are confidently moving

Tuesday 9.30am - The Hub on the Hill
Thursday 9.30am - Park Lane Centre

Rise & Shine

Little ones who are getting up an about and their grown ups

Tuesday 9.30am - The Hub on the Hill
Thursday 11.15am - Park Lane Centre



Living with Dementia

Living with dementia can be challenging and confusing. The person with the diagnosis might be worried about what they may have to face in the future. And the people around them might be unsure how best to support them, and where to turn for help.

This is where Dementia UK comes in. We are the only UK charity dedicated to helping families face dementia with support from our specialist dementia nurses – Admiral Nurses.

These nurses offer appointments for people who care for someone with dementia who has complex needs.

What is an Admiral Nurse?

Admiral Nurses are specialist dementia nurses. They provide life-changing support for families facing dementia, helping to prevent or manage complex issues. They can give tailored health advice and emotional support and help build links with other health and care professionals. For many families, they can be a lifeline.

Admiral Nurses work in local communities, including making home visits to families who meet the referral criteria. They also work in GP practices and NHS hospitals, care homes, and hospices. They run the Dementia UK Helpline and virtual clinics, offering appointments by telephone or video call.

Admiral Nurse dementia services

Admiral Nurse service appointments and visits give families affected by dementia the opportunity to seek specialist advice, support and clinical guidance, in confidence. Nurses have the skills, knowledge and experience to talk about:

- practical tips and advice on caring for a loved one with dementia
- coping strategies for families who are finding caring difficult
- feelings of loss and grief
- work/life balance when caring for someone
- coping with complex issues such as false beliefs, distressed behaviour, and family conflict
- managing changes in personality and behaviour
- strategies to improve the carer's mental and physical wellbeing
- signposting to other local and national dementia support services
- planning for the future and decision-making
- transition into a nursing or residential home
- support during and after a stay in hospital
- identifying risk and keeping the person with dementia safe

This list is by no means exhaustive. Every family living with dementia has its own unique circumstances. Admiral Nurses take the time to truly listen to each family's situation, and suggest methods to deal with symptoms and coping strategies for the challenges dementia can bring.

Dementia specialist Admiral Nurse service Telford and Wrekin



Cheryl Scarrott
Admiral Nurse
Team Lead



Kerry Devani
Admiral Nurse



Lucy Hawkins
Admiral Nurse

Who can access this service?

The Telford and Wrekin Admiral Nurse service is available to families/carers who provide care and support for a person with dementia and meet the following criteria:

- The person must have a formal diagnosis of dementia (note to professionals: this must be recorded on EMIS/Clinical Web Portal or other GP system)
- The family/carer must be providing care and support to the person with dementia at home
- The family/carer must live within Telford and have a registered GP within Telford
- The needs of the family/carer cannot be met by other services
- The carer must consent to the referral

If you are a family member/carer and would like to be referred to the Admiral Nurse service, please contact your health or social care professional.

If you are a health or social care professional and would like to refer a family/carer to the service, please contact the Single Point of Referral on **0333 3584584**.



Free access to digital Cognitive Behaviour Therapy (CBT) and courses

Shropshire, Telford and Wrekin NHS Talking Therapies offers a range of online and in-person options to help support your mood and anxiety. Each of our courses deliver research tested and supported techniques to help you to learn new ways to improve your own emotional wellbeing, depending on what your goals are.

All our courses are run by trained and qualified psychological practitioners, and we offer support to ensure you find the right course. Our courses can help with difficulties such as low mood, anxiety, intrusive or negative thoughts, obsessive compulsive difficulties or psychological distress from traumatic events. Our courses take place in a group setting, and each is different, some will involve participation and some you can sit back and speak as little or as much as you would like. You can talk to us about the type of courses and what would suit your needs best.

If you would rather learn therapy skills at your own time and pace, you can try our digital CBT programme, Silvercloud - an on-demand mental health and wellbeing platform that gives you

a private, judgement-free space that focuses solely on helping you feel better. Whilst accessing digital therapy, you will be supported by a trained clinician online to help you achieve your goals.

Below are some quotes from previous users of our service who we have supported to help improve their mood and achieve their goals.

All of our courses are accessible through the NHS for free, and our clinicians will help you find the course that is most appropriate for your needs.

If you would like support with your mental health, you can make a self-referral by:

Online: Completing a self-referral form, or chat to our Limbic digital assistant via our website – www.mpft.nhs.uk/stwtt

Telephone: Calling us on 0300 123 6020

Over the course of the six weeks the course has really helped me to take better control of my worry and anxiety issues, rather than having them control me. The techniques I've learned won't take my worries or the issues that cause them away, but they have allowed me to regain a sense of positivity in tackling my issues rather than feeling consumed by them.

The course is run by a really fantastic and knowledgeable team who are extremely helpful and always willing to help, whether that's listening to you or offering help and advice. Having the sessions run in small groups is also a source of comfort as it reinforces the fact that you aren't alone in what you're experiencing.

My first thoughts to group therapy were that the NHS was trying to bundle in as many people as they could to get them through the process. The prospect was scary and I was very sceptical that it would even apply to me.

What I actually experienced was two incredibly clever, caring and thoughtful therapists delivering evidence-based treatment. It wasn't many sessions until I felt at ease within my group and before you know it, it's your final session.

The idea of an online therapeutic toolkit sounded a bit farfetched and if I'm honest in the past seen it as a placebo exercise for an under resourced and much needed service... as soon as I logged on I liked this site. Whilst I do not do social media, I can work my way round a computer despite my dyslexia. I quickly navigated the pages, reviewed my tools, and clocked how my supporter would be able to give suggestions around my thought process.

Found the online support very helpful and gentle. It was reassuring to be able to monitor my progress and have somewhere to go to 'get it all out' in terms of expressing myself in the journal or mood monitor... I like that it's online so you can access anytime, as I was having insomnia at the start it was brilliant I had somewhere to go when I felt so alone and scared.



Shropshire, Telford and Wrekin
Talking Therapies

Service provided by Midlands Partnership University NHS Foundation Trust

Severn Hospice care is supporting you at home

A gift in your will makes this possible

For more information get in touch with
Sophie Higgins, Individual Giving Manager
01952 221351
individualgiving@severnospice.org.uk
severnospicegiftsinwills.co.uk



Registered Charity No. 143284



Severn Hospice
here and at home





The Live Well Community Hub celebrated its first birthday in April, and since it began local residents have been receiving help to improve their health and wellbeing in many ways.

Our core services join us every week and include:

- Healthy Lifestyles advisor
- Blood pressure checking
- Telford Mind Social Prescriber
- Independent Living Centre

In addition to our core services, we welcome other great services into the Community Hub that can also offer relevant information, advice and support on a wide range of subjects, that again can help towards improving health and wellbeing.

Please check out the schedule of services that will be joining us in addition to core services up until the end of August. The schedule includes the rota of services from our partner, Telford &

Wrekin CVS, who have a number of important services available for residents. The services may be subject to change, and additional services may be added when available.

All services are available on a drop-in basis so there is no need for an appointment, just come along and see the services you need, and maybe even those you didn't know you needed to see.

If you're not sure what you can come in and see our services about, check out the directory of services in this edition of Madeley Matters, giving information for all those joining us until the end of August.

If you have any questions about the Live Well Community Hub, or you are part of an organisation that you think could offer some relevant advice and support to the local community, please contact charlotte@madeleytowncouncil.gov.uk or call 01952 567288.

Schedule of Services

14 May

CVS – Adult Carers
Citizen's Advice
CAP – Christians Against Poverty
TEA – Telford Energy Agency
Learn Telford

21 May

CVS – SENDIASS
Healthwatch Telford & Wrekin
Sight Loss Shropshire – Tech training for visually impaired (11am-1pm)
Telford College

28 May

Citizen's Advice
Telford Crisis Support
Nurse from Court Street Medical Practice

4 June

CVS – Telford Autism Hub
Community Resource – Buddy System
Livelif Cancer Awareness

11 June

CVS – Telford Children's Autism Hub (10am – 12noon)
Citizen's Advice
Telford Crisis Support
CAP – Christians Against Poverty
Admiral Nurses – Dementia UK
Learn Telford

18 June

TEA – Telford Energy Agency

25 June

CVS – Adult Carers
Citizen's Advice
Telford Crisis Support
Learn Telford
Telford College
Nurse From Court Street Medical Practice

2 July

CVS – Telford Autism Hub
Livelif Cancer Awareness

9 July

CVS – Telford Children's Autism Hub (10am – 12noon)
Citizen's Advice
CAP – Christians Against Poverty
Livelif Cancer Awareness

16 July

CVS – SENDIASS
Learn Telford
Healthwatch Telford & Wrekin
TEA – Telford Energy Agency

23 July

Citizen's Advice
Telford College

30 July

CVS – Adult Carers
Nurse from Court Street Medical Practice

6 August

CVS – Telford Autism Hub
Livelif Cancer Awareness

13 August

Citizen's Advice
CAP – Christians Against Poverty
Telford & Wrekin Council – Planning surgery

20 August

CVS – Telford Autism Hub
Telford College
Livelif Cancer Awareness
TEA – Telford Energy Agency

27 August

Citizen's Advice
Nurse from Court Street Medical Practice



Directory of services

Blood Pressure Checking – Weekly service with trained volunteers able to check your blood pressure and advise you of next steps if your numbers show concern.

Healthy Lifestyles – Weekly service offering information, advice and support whether you want to eat better, drink less, exercise more, reduce your weight, stop smoking, or lower your blood pressure, cholesterol or risk of developing type two diabetes.

Social Prescribers – Weekly service. Social prescribers are embedded within local GP surgeries alongside GPs and other practice staff aiming to connect you to community services and activities that support your health and wellbeing using a therapeutic approach, as well as providing practical, helpful and non-judgemental support.

Independent Living Centre – The Independent Living Centre offers both preventative and responsive support to individuals to enable them and their families to live well and safe in their community, potentially remaining independent in their own homes for longer.

People can come along to receive support around daily living as well as access the wide-ranging information, advice and signposting the centre offer. As well as receiving advice and support you'll be able to see and try a number of "gadgets" that can make independent living a reality.

Telford & Wrekin CVS – Weekly service, but with focus on different service areas each week



Directory of services



SENDIASS - Telford and Wrekin SENDIASS service provides access to impartial and independent information about Special Educational Needs and Disability (SEND), health and social care for children, young people and their parents and carers.

We can give you information in relation to SEND law to enable you to participate in and make informed decisions regarding your child's education, as well as supporting you to prepare for meetings, explaining and understanding reports, listening to your views and concerns and ultimately work to build positive outcomes.

Young Carers – The Young Carers Service provides advice and support for all young carers in Telford from age 5 to 18 offering one-to-one support, term-time Youth Club, holiday and half-term activities, trips and events, school drop-ins information and advice for the whole family and more.

If you think you're a young carer or you know a child or young person who is caring, come along and speak to us for more information and advice.

Carers Team - The Carers Team support and enable unpaid family carers, over the age of 18, to improve their quality of life and to be more confident and able in their caring role. The team can provide listening ear and give support when it is needed most, help access available support and services, create opportunities to have a voice in the planning and development of services, access appropriate financial support, provide up to date information, and access support groups that provide an opportunity to socialise and take a break from their caring role, share information, gain support and discuss topics of interest with carers in similar situations. If you, or someone you know is an adult carer, come and have a chat.

Telford Autism Hub – Come and speak to us about all aspects of adult autism including understanding more about autism, support to find out if you are autistic, how to access other help and support, as well as opportunities to meet and socialise with others and support to become more confident and independent.

Telford Children's Autism Hub - Whether your child has just received a diagnosis, or you are looking for information to help your child flourish our team are here to offer you guidance and support. Our Children's Autism Hub is open to all children and young people aged 0-18, and their families, who have a diagnosis of Autism. To access our Children's Autism Hub you need to be a resident of Telford and Wrekin.

Citizen's Advice – Come along and chat to an advisor if you're looking to make your money go further, are unsure if you might be entitled to benefits, or think you might be paying too much for you gas and electricity. We will have access to advice and bookings on the day.

Telford Crisis Support – Many individuals are now finding themselves in crisis for a number of reasons. Telford Crisis Support is here to help with a wide range of emergencies, including food, school uniform, winter coats and shoes, providing for the needs of babies and toddlers, advice on money worries and providing link worker support. If you, or someone you know, are struggling, come in and see how Telford Crisis Support can help.

Sight Loss Shropshire – Visually impaired residents can join demonstrations and training on their smart phones and tablets. Book a free session by calling 07778 956096, email admin@sightlossshropshire.org.uk or drop-in for a quick chat to find out more.

Christians Against Poverty (CAP) – Help and advice around debt and poverty. With a team of hundreds of dedicated staff members and hundreds of incredible churches delivering services, people in

desperate need are discovering life-changing freedom and hope every day. Since 1996, CAP has seen tens of thousands of families and individuals break free from debt and poverty. And as the impact of the cost-of-living crisis is felt in households across the UK, they know there is much more to be done.

Livelif Cancer Awareness - Through direct contact with people of all ages the LiveLife Cancer Awareness Service works to break down some of the barriers people may have in talking about cancer. Raising awareness of the importance of early diagnosis and signs & symptoms, providing free, evidence based, high quality information and resources. Come in and find out about the different cancer screenings available and what signs and symptoms you should be looking out for.

Telford Energy Advice - Free & Impartial Energy Advice on keeping warm at home, energy bills, tariffs and suppliers, heating and hot water, and insulation and heating grants.

Telford Energy Advice (TEA) provides a free energy advice service by trained advisors. For those who need it, there is the option of a follow up home visit or ongoing casework support. Home Energy Checks and Free Low-Cost Measures

TEA provide or fit low-cost energy saving measures such as LED lightbulbs, draughtproofing and reflective radiator panels to householders in need, as well as wider advice on cutting energy costs and improving the energy efficiency of the home

Learn Telford – Learn Telford aims to widen the participation so as many sections of the community as possible can experience the joy and wider benefits that taking part in learning can bring, such as improved confidence and wellbeing, reduced social isolation and much more. The service also aims to support adults to improve their skills and therefore increase their chance of employment and progression.

Admiral Nurses – Dementia UK - Admiral nurses support families living with dementia. When things get challenging Admiral Nurses work alongside you to give expert advice, one to one support and practical solutions that families need that can be hard to find elsewhere, helping them live more positively with dementia. Admiral Nurses are continually trained, developed and supported by Dementia UK.

Nurse – Court Street Medical Practice – Nurses will participate with the blood pressure checking and seek to keep patients informed about services available, such as appropriate screenings for their age group, as well as asking patients about their general health in order to recommend making appointments or seeking more support.

Community Resource – Buddy System – The Buddy System pairs a volunteer with someone who feels isolated and alone, supporting them to take part in local activities, make new friends and get more active. The support from a Buddy will enable participants to take a crucial first step to take part in something new. That encouragement and motivation will help reduce isolation and boost confidence and self-esteem.

Could you offer encouragement and motivation to help someone become more involved in the local community? Or do you know someone who may need a Buddy and want to know how to get them referred? Pop in and speak to Community Resource.

St. Michael's Church – Whether you are part of the local church or not, everyone is welcome to come and speak to Reverend Ackroyd for advice and support. You may also wish to offer your help to get involved with the community through the work that the church does. However you wish to support or be supported, do come and have a chat.



Let's talk...wellbeing

Let's talk...menopause

Our Let's talk...menopause group has been growing even more over the last few months. So many people are looking for information, advice and support through this prolonged journey we call perimenopause (the changes that take place in the years leading up to your periods stopping completely) and menopause (after your periods have stopped completely for a given amount of time).

Changes and symptoms can last for a decade or more, with some more debilitating than others. If you don't know how you can manage your symptoms, want some support from others going through similar, are feeling alone in your journey, or just want a cup of coffee, come along to the wonderful Let's talk...menopause group.

The group meets on the second Wednesday of every month from 7-8pm at the Park Lane Centre in Woodside. Sessions are free, and the group benefits from fantastic advice and support from including Elaine, a local nurse practitioner, with an extensive knowledge of the medical (and other) support available during this time.

If you would like to be part of this incredibly supportive group, just pop along to the next session, or for more information email charlotte@madeleytowncouncil.gov.uk or call 01952 567288. Let's talk...menopause will do you the world of good and is available for free without a prescription!

Let's talk... MENOPAUSE

-Friendly, relaxing & fun
-Everyone welcome

FREE

Let's talk...menopause takes place on the second Wednesday of every month

Join us on:

14th May	10th September
11th June	8th October
9th July	12th November
13th August	10th December

Park Lane Centre, Woodside
7-8pm

Complimentary tea & coffee

Madeley Town Council
Serving Cuckoo Oaks, Madeley & Woodside

For more information about Let's talk...menopause please contact Charlotte at Madeley Town Council on 01952 567288 or email charlotte@madeleytowncouncil.gov.uk

RAMBLERS WELLBEING WALK MADELEY



START -
OUTSIDE THE ANSTICE

FINISH -
WELLBEING MADELEY COMMUNITY CAFE

TAKES PLACE EVERY THURSDAY
EVERYONE WELCOME, JUST TURN UP

COULD YOU BE A VOLUNTEER WALK LEADER?
VOLUNTEER WALK LEADERS ARE CRUCIAL FOR WELLBEING WALKS TO TAKE PLACE. WHY NOT CONSIDER BECOMING A WALK LEADER YOURSELF. EMAIL FOR FURTHER DETAILS.

For more information email info@walkingforhealthtelfordandwrekin.org.uk



WALKING ANYWAY? WHY NOT LEAD THE WAY?

Did you know that the walk leaders with the Ramblers Wellbeing Walks are all volunteers?

In September 2024, Madeley Town Council were lucky to be able to work with Telford & Wrekin CVS and The Ramblers to introduce a Ramblers Wellbeing Walk to Madeley.

This walk now takes place weekly on a Thursday and has a good number of people coming along, enjoying their walk, lead by the lovely volunteer walk leaders, while having a chat and meeting new people.

It's not only a good way to get some exercise, but it's a great way to improve your overall wellbeing, especially being around others and feeling part of a group. Not only that, but the chance for a chat and a cuppa at the Madeley Wellbeing Community Café at the end really does make this walk fabulous.

What is always needed though are more volunteer walk leaders.

Do you think you have the potential to become a walk leader? Or do you want to find out more and see if others see your potential to become a walk leader? (That will no doubt be a yes, but some of us just need a bit of support to bring out our confidence, are we right?). If you want to find out more about how to become a walk leader email info@walkingforhealthtelfordandwrekin.org.uk

And don't forget, everyone is welcome to join the Madeley Wellbeing Walk. They meet every Thursday outside the front of The Anstice at 11am. You'll be met by your trained volunteer walk leader who will guide you on a local walk for approximately an hour, which then finishes at Madeley Wellbeing Community Café, so you are well placed for a cuppa and maybe even a treat!



Looking after the environment



Free Wildlife Guide

A new free wildlife guide is being launched in Telford and Wrekin with Rough Park Local Nature Reserve being one of the top places in the borough to spot some of the special species featured within it.

The 'Identification Guide to the Butterflies and Moths of Telford and Wrekin' was produced in a partnership project between Butterfly Conservation and West Midlands Butterfly Conservation and Telford and Wrekin Council. The guide includes flight seasons and pictures (including a fold out wall chart) of common species of our butterflies and moths right through to some of our rarest 'red listed' species – including the Dingy Skipper butterfly which is doing well on Rough Park LNR but has unfortunately declined massively in other areas.

Pictured with the guide is Rick Shaw from Telford and Wrekin Council and Bridget Ashfield and Amanda Hillier from Friends of Rough Park. Friends of Rough Park meet bi-monthly at Madeley Community Library in the Anstice and are focussed on bringing members of the community together who care for this precious area.

Copies of the wildlife guide are available via Local Community venues including The Anstice, Park Lane Community Centre and also Jubilee House. Further details of the Friends of Rough Park can be found on Instagram [@friends_of_rough_park] with local people being encouraged to get in touch if they want to join some of the survey sessions that are being planned around butterflies and moth populations on Rough Park over the summer.



Madeley Community Orchard



Today I am writing about Bartlett gardens (Madeley Orchard) in Madeley. It is connected to the St Michael's church built by Thomas Telford, the famous Engineer. The Orchard has a long history of people using the land for various purposes over the generations. The Bartlett Memorial Charity was founded in 1863 when land was given in trust to be let to the deserving poor of Madeley parish as allotment gardens.

In recent times it has become an orchard for the community run by a band of volunteers who keep it trimmed and pruned and do general maintenance to keep it looking pleasant and an escape from the stresses of life, while learning new skills and feeling part of something. I have been volunteering since September 2024 and for me personally it gives me a reason to get up and be involved in life and I always feel a sense of achievement when I finish a session. All first time volunteers are welcomed by friendly faces, who assure you that the requirement is to do as little or as much as you'd like to, as any help is welcome, it's usually an hour of gardening then a tea, coffee or hot chocolate, biscuits or whatever people have brought in for break and then a second period of work (Tuesday's 10-1pm). All volunteers are welcome many people can feel apprehensive when joining any group and that is quite normal, but once you see how friendly and accommodating everybody is that soon becomes a memory. Above all it gives you a feeling of belonging and achievement, and pride in yourself and the community, this in turn helps your mental and physical well-being.

Unfortunately our Madeley Orchard has had to close temporarily because of funding problems, but while it has been closed, we have filled the gap with a group walk every Tuesday allowing people to see more of the path's and routes around the area hopefully it will re-open in the coming weeks. Aside of the volunteering it is also simply a great place to visit when you have any time to just sit and take in the atmosphere. It is a jewel within the town of Madeley and can be for generations to come.

By James R McLafferty Madeley Orchard Volunteer



Our Community...

Celebrating our 30th Anniversary

Families in Telford – our history

On 1st April 1995 the Sutton Hill Young Mothers Project started to offer groups for parents with little or no support and some with few skills learnt from their own childhoods. Groups were provided with a group facilitator and a play focus worker to support families in the difficult work of raising children. By the year 2000 this project was recognised nationally and selected as England's choice for health promotion in the 2nd European Health Promotion Award. It also won a Health and Social Care Award in 2002, attended by Prince Charles. Since that time, it has had 3 Big Lottery grants, significant support from Children in Need and Comic Relief, as well as a host of small grants from many grant givers and its own fundraising. Many of the project workers have been recruited from parents who previously attended our groups. This provides our groups with special insight to the needs of families attending for the first time. From 2013 Sutton Hill Young Mothers Project formed a new charity, Families in Telford, by amalgamating with the Woodside Family Groups Project. Family Hubs has supported us since its formation, and we continue into our 4th year of working in close collaboration.

A celebration of 30 years of family support took place on Monday 24th April.



Family Hubs Offer Enhanced

The current Start for Life offer is now well established for families with children aged 2 and under.

The family-hub-best-start-in-life-0-2s offer is available digitally and given at maternity booking and birth registration.

Telford and Wrekin are now able to offer Family Hub services to 0-19 (25 SEND) from the 1st April, following on from a reorganisation with Strengthening Families who are rebranded as Family Hubs. The three localities remain, and the management structure is:



Group Manager Family Hubs Christine Thursfield					
Hadley Castle		Lakeside South		The Wrekin	
Family Hubs Team Manager Steph Richards		Family Hubs Team Manager Liz Taylor		Family Hubs Team Manager Helen Rumbles	
Family Hubs Senior: Family Support Stacey Hanson	Family Hubs Senior: Community Support Jean Simpson Steph Pickles	Family Hubs Senior: Family Support Davinia Gordon	Family Hubs Senior: Community Support Glyn Thomas	Family Hubs Senior: Family Support Ben Donald	Family Hubs Senior: Community Support Lauren Dabbs

The Family Support team will continue to work with families in their home, for a period of 6 months. Referrals to Family Hubs will remain via an Early Help Assessment or relevant agency assessment such as a Child and Family Assessment sent to telfordfamilyhubs@telford.gov.uk.

In addition, we will also be able to offer:

- ◆ Brief Intervention Support will support families who need signposting and enabling to access services in a swift response.
- ◆ Youth and Community targeted group support such as Triple P, Crush teenage relationship support, transitions for families separating, and Talking Tots.
- ◆ Community support via Here to Help drop-ins and Family Information Service role to support immediate signposting and advice via Family Connect
- ◆ Early Help coordination support for partners, a dedicated role to support partners in understanding thresholds, where to access community support and how to complete Early Help Assessments and Support Plans.
- ◆ Participation support for children, young people and parent panels, as well as increasing peer support and Family Hubs Volunteers
- ◆ We will be releasing publicity, and new events on our Family Hubs website – so to stay up to date please do check in: HomePage

For any further information please contact your local Family Hubs Team Manager or email below: telfordfamilyhubs@telford.gov.uk



Our Community...



PODS

PODS is grassroots, peer lead charity that supports and involves families living in Telford with children and young adults aged 0-25 with a disability and/or an additional need. PODS was formed by a group of parent carers in 2008 as part of a national initiative to develop a parent carer forum in every local authority. Their role was to give a voice to parent carers and provide feedback to help shape local services, ensuring they met the needs of the community.

Many years on PODS has become a well know award winning local charity providing a multitude of services and support networks, with the forum still firmly at the heart of it all. We are proud to be a completely independent organisation, led by parent carers for the benefit of disabled children and their families.

Our staff and volunteers have 'real lived' experience, which gives us great insight to the challenges faced by the families we support. This enables us to provide vital and appropriate support to families when they need it the most. We do this in a variety of ways, through our forum and parent voice, befriending scheme, family groups and support sessions, children's clubs and activities, inclusive events, sensory room, perinatal support, counselling, support around transition into adulthood, sign posting and weekly information ebulletins, coffee mornings with schools, workshops, and a training offer to other organisations on disability and inclusion.



Royal British Legion Madeley Branch

Exciting Updates!

The Royal British Legion (RBL) Madeley Branch is pleased to welcome Laura Clarke to the role of secretary, strengthening our team as we continue our important work supporting the Armed Forces community.

We are looking forward to being part of the Madeley VE Day celebrations on 10th May, where we will have a stall—come along and say hello! Later in the month, we will also be assisting the Shifnal Branch at the World War II Weekend in Ironbridge on 24th and 25th May, helping to commemorate this important part of our history.

Our next branch meeting is on 27th June at 7:15 pm at Madeley Cricket Club. Membership forms are available on request, and you don't need to be serving or a veteran to join—anyone can support the RBL and its vital work.

For more information, feel free to get in touch. Madeley.secretary@rbl.community

We look forward to welcoming new members and seeing you at our upcoming events!

Graham Cooper



When to see to your local housing team

The Wrekin Housing Group's Madeley team carries out regular walkabouts and litter picks to help keep the area tidy and identify any issues that require further action.

Keep an eye out for them on the dates below. Customers are welcome to take this opportunity to chat to the team and discuss anything you'd like to bring to their attention.

Upcoming dates:

Blakemore, Brookside: Tuesday 1st July 2pm to 3pm

Parklane Centre, Woodside: Tuesday 29th July 2pm to 3pm

Wrekin customers can also drop in to the Stirchley Hub in Grange Avenue, TF3 1ET, on Mondays and Tuesdays between 9am and 1pm.

Staff will be on hand to offer advice on housing, lettings and money matters. They can also make you an appointment to discuss your query in more detail, and refer you to other teams or external agencies if required.



THE Anstice NEWS...

Happy Birthday to the Anstice

The Anstice is 155 years old this year, how fantastic is that!

The great thing is it is still very much the heart of the community the same as it was all of those years ago. We have a great display of photos of days gone by of the Anstice by our reception desk if you would like to pop in and have a look please do.

Another important event we will be celebrating is VE Day, if you're free come along and join us in the ballroom on Saturday 10th May from 12 midday the bar will be open, we have a singer and free tea and cake! Big thanks to T&W for funding our VE celebrations and Madeley History Group for the Anstice photos.





Our Community...



TELFORD CRISIS SUPPORT Multibank

TELFORDCRISISUPPORT.ORG.UK
PHONE 01952 586 646
SMS & WHATSAPP 07592 041666

How can I support my local multi-bank?

Ambient food items, including

Tinned meals - stew, meatballs, curry, chilli
Long-life Milk - semi-skimmed & whole
Kettle only items - pasta, rice, noodles
Tinned veg - potatoes, peas, carrots
Tinned minced, steak, chicken
Cereal & breakfast products
Rice pudding & tinned fruit
Chocolate Bars & Biscuits
Tinned tuna & salmon
Microwave Rice
Coffee & Sugar

We are always grateful to receive donations of food, hygiene products, pet-food, and baby/toddler clothing & hygiene products.

If you have other items you would like to donate, please call us to check please.

Scan QR to make a secure online cash donation



Personal Hygiene Products

Shampoo Deodorant
Shower Gel
Baby Wipes
Period Products
Size 5,6,7 Nappies
Shaving Gel & Razors
Toothpaste +
Toothbrushes
Wet & Dry Cat and Dog food



MADELEY SNT ENGAGEMENT VAN POLICE SURGERIES

Times and dates:

Saturday 22nd March
10-11am

Saturday 12th April
10-11am

Tuesday 20th May
10-11am

Wednesday 18th June
10-11am



Come and speak to the team about any issues/concerns that you have in your local area

Sign up to Neighbourhood matters

Free Smartwater kits

Crime prevention advice and leaflets

Free Top dog cards

TESCO

Park Ave
Madeley,
Telford,
TF7 5AB



AFTER SCHOOL Supper & CRAFTS



Treat Friday! Every Friday!

Friday 17th January
3pm-4pm

we will have crafts to get creative, enjoy and take home. This week will be 'bubble painting' with supper spaghetti bolognese with garlic bread. Our menu, hot drinks and cakes also available



Please email or Facebook message to book-
molly.brookes@tandwcv.org.uk

Lego Club

Design, Create & Build with us!

We'll provide the Lego,
just bring your imagination

Monday's 1pm - 3pm
@ Court Street Medical Practice

Everyone aged 18+ welcome

£1 per session

Refreshments provided

For more information call: 07434 869248

or email: talk2@telford-mind.co.uk

Court
Street
Medical Practice

mind
Telford

Our Community...

Spring has sprung and there's lots going on at Ironbridge's museums.

In March 2025 we opened a new Sunflower Room at Blists Hill Victorian Town, a calm space where diverse groups of people can find privacy and quiet. It is expected to be used by people with special educational needs and disabilities (SEND), mental and physical health conditions.

Also in March, the Ironbridge Gorge Museum Trust launched an appeal for local businesses to sponsor all-terrain mobility scooters for use by visitors at Blists Hill, where there is a steep incline between parts of the town. The Trust is asking businesses to sponsor scooters in return for their logo on the scooter they have sponsored. Another initiative to raise funds for them is the fashion-themed Afternoon Tea Through Time event in Coalbrookdale in June.

Meanwhile as spring arrives the museums are getting ready for the busiest part of the year. On the early May bank holiday weekend, Blists Hill will host its Victorian Spring Fair, with a tug of war, sack races and a dog show. Also coming up are Heavy Horse Weekend at Blists Hill and family -friendly events at Blists Hill, Enquinty and Coalport China Museum for May half term from Saturday 24 May to Sunday 1 June.

Find out more at www.ironbridge.org.uk

Breakfast Club



Would you like to make new friends while enjoying a hearty breakfast?

Join us on the fourth Tuesday of the month, 10.00am - 12.00pm

Our breakfast club for men is a great way to meet new friends from your community and enjoy each other's company.

Toby Carvery Telford
Shawbirc Cross Roads
Telford
TF1 3QA

For more information please contact us

01743 233 123

email enquiries@ageukstw.org.uk

or visit ageukshropshireandtelford.org.uk

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Shropshire
Telford & Wrekin
ageUK
Let's change how we age

ROTARY NEWS - Summer 2025

With the brighter weather on the way, Ironbridge Rotary Club is looking forward to stepping up its activities in the area.

Celebrating 70 years of service to the communities of Ironbridge, Madeley and District. We aim to maintain this record and rely on the valued support of the local residents to achieve our goal. During our 70 years' existence, we have made grants and awards to many local organisations including the Scouts and Guides, local schools, and charities supporting those in need. We were closely involved in the campaign to restore the Anstice to its former glory and those of our members who can remember it in its heyday are delighted to see it as part of the local scene once again. Look out for us in Tesco with our collecting buckets. It is on occasions like this that we are able to collect the funds to help the vulnerable and needy in our community and we are always very grateful for your support.

One of our more recent activities is the presentation of a shield to the Haberdashers Abraham Darby Academy. This will be awarded annually to a student of the music department who "goes the extra mile."



We are also involved in a general Rotary initiative to increase the access of books in schools. In February, we were delighted to make a delivery to Alexander Fleming School at Sutton Hill when each child had the opportunity to choose a book to take home and keep for themselves. This process will be repeated as more books become available.

At the beginning of March, we unveiled the latest joint project with Ironbridge Rotary Club and Ironbridge Lions working together for the local community. A defibrillator was installed at Sunnyside in Coalbrookdale, funded by Ironbridge Rotary, Ironbridge Lions, Councillors' Pride Fund and installed by Prysmian Street Lighting.

Rotary and Lions have jointly funded the installation of several of these life-saving machines throughout Telford in recent years and we know of at least one life being saved by its prompt use.



Rotary Club of Ironbridge



Our Community...



SUTTON HILL & WOODSIDE CHURCHES
at the heart of our communities
Loving God Loving Neighbours Loving Ourselves

What's On at Sutton Hill Church

At the heart of our community on Sutton Hill from May we have 2 new groups starting.

Little Fishes is a play group for children up to school age. We offer a safe space for children to play and learn values in a friendly space and adults to receive support and create friendships.

Crafting for Charity after Little Fishes we are keeping the Coffee Bar open so you can simply drop in for a chat and a coffee. If you are a knitter or a crocheter then bring along your latest project or join us in our community projects. There are a number of charities that accept crochet or knitted squares. Not a crafter but would still like to help? Then come along and help us upcycle wool to use for the blankets.

CRAFTING FOR CHARITY

Are you a crafter?
Would you like to drop-in
and join us?



Come along and try out knitting or crocheting. Already have some experience then bring along your latest project and share how you're getting on. Want to help us bless different charities with knitted or crochet projects, then come along and join in. Not a crafter come help us upcycle some wool. We have a selection of drinks, as well as snacks. The atmosphere is comfortable and friendly with a toddler play area, making it the perfect place for a chat.



THE COFFEE BAR
SUTTON HILL CHURCH
Every MONDAY 11am - 12.30pm



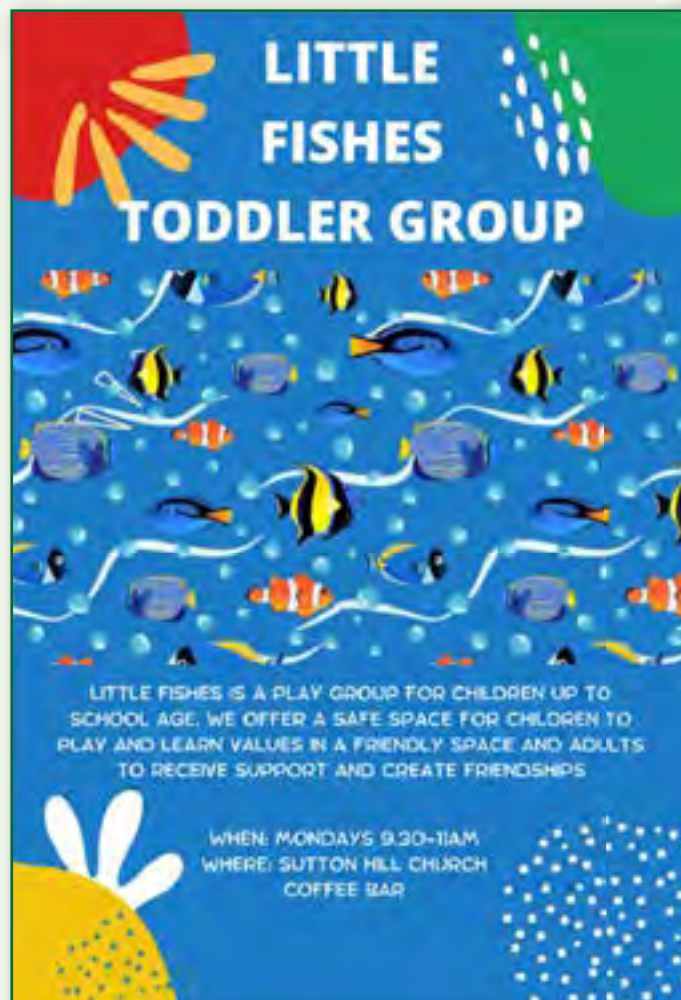
muddy church
SUMMER WATER ESCAPADES

Fun for the whole family each Tuesday
12 noon - 3pm meeting:

5th August - at Madeley Community Orchard
12th August - on Mounds Way, Woodside by Waverley
19th August - at the Madeley Community Orchard
26th August - at Bluebell Field, Sutton Hill

Walking, Talking, Fun & Food!!!
book in by email or via Facebook
Family picnic provided.
All the meet ups are **FREE** but donations always gratefully received

email: suttonhillwoodsidechurch@gmail.com
Facebook: church at suttonhill and woodside
www.suttonhillwoodsidechurches.org



LITTLE FISHES TODDLER GROUP

LITTLE FISHES IS A PLAY GROUP FOR CHILDREN UP TO SCHOOL AGE, WE OFFER A SAFE SPACE FOR CHILDREN TO PLAY AND LEARN VALUES IN A FRIENDLY SPACE AND ADULTS TO RECEIVE SUPPORT AND CREATE FRIENDSHIPS

WHEN: MONDAYS 9.30-11AM
WHERE: SUTTON HILL CHURCH COFFEE BAR

Our Community...



SUTTON HILL & WOODSIDE CHURCHES
at the heart of our communities
Loving God Loving Neighbours Loving Ourselves

What's On at Woodside Church

Although we don't have a church building on Woodside we still have a church

Space to Be each Wednesday morning is in the Acorn Room at the Park Lane Centre. You will find a warm welcome tea or coffee and space for a chat.

Bring your knitting or have a go at the Art Therapy Colouring books. Simple board games are also often to be seen out and we have toys and a space for young children to play.

Following Space to Be we have a short Celtic Worship service, a relaxed service with an extended time of prayer.

For more information contact Rev Dawn Taffinder on 07393295727 or email suttonhillwoodsidechurch@gmail.com or why not join us at 10.30am on a Sunday morning at Sutton Hill or Wednesday at Woodside

Twiddle Blankets

Two ladies from Sutton Hill Church, Gwen and Margaret, discovered they both had a love of sewing and began to meet regularly together. Out of responding to the needs of a member of the congregation and someone else they knew, Twiddle Blankets grew into a labour of love. They have now made and given away over 80 blankets for people with dementia and young people who find it helpful to keep their hands occupied. They have blessed many individuals and a number of care homes.

All the materials for the blankets have come from their own supplies, donations and buying suitable materials from charity shops and upcycling. One item that they have to buy, is a particular type of cotton to make sure everything that is sewn is robustly and safely attached. Gwen and Margaret were particularly grateful to Mayor Helena for her donation to make sure that they could continue to make the blankets.

If you would like to know more about Twiddle Blankets then please email suttonhillwoodsidechurch@gmail.com



Attendees enjoying Christmas Lunch at MBC



Attendees and volunteers at Winter Warmers

Community Activities at Madeley Baptist Church Go from Strength to Strength

The welcoming environment of Madeley Baptist Church (MBC) is proving a hit with locals and as a result the services and activities on offer are continuing to grow.

During the winter the church's flag-ship project 'Winter Warmers', which is part of the Warm Spaces initiative, regularly saw upwards of fifty people attend the Tuesday and Thursday sessions that provided friendship, free refreshments and hot meals. In the build-up to Christmas, MBC provided a Christmas party with all users of the church invited, followed a few days later by a turkey lunch.

Alongside the friendship aspect of Winter Warmers, support teams from Christians Against Poverty (CAP), Maniplace, Wrekin Housing Trust, MIND and The Job Box, provided the opportunity for confidential conversations without the need to make an appointment.

MBC opens its doors on the first and third Tuesday evenings in the month to 'Causeway', a group for adults with additional learning needs. From 6:45 pm 'til 8:15 pm there is the opportunity to meet with others and participate in a variety of enjoyable activities including craft, games and quizzes.

On the fourth Wednesday of the month, 10 am 'til noon, MBC hosts 'In the Loop', an all-age group for ladies which is proving a great way to make friends. Many of our ladies also like to craft and are encouraged to bring their own projects along or get involved in group activities. At the moment, banners are being made for the church.

For younger members of the community, MBC runs 'Frantic Friday', a youth club for 8 – 16-year-olds. Providing Friendship, faith, and fun, the group meet every fourth Friday of the month, 7 pm 'til 9 pm.

Saturday mornings MBC accommodates the 'Food Share, Waste Prevention Project', which from 11 am 'til noon is open for people to just drop-in. Earlier, booked slots for those most in need are available by prior arrangement.

On Monday's between 1:00 pm and 3:00 pm, MBC expands its outreach by providing a friendship group for all ages at the Park Lane Centre. 'Friendly Faces @ Woodside' was originally setup to help people recover from isolation after Covid, but due to its on-going popularity continues to provide a relaxed meeting place for the local community.

Then there is of course Sunday Morning Worship starting at 10:30 am; usually lasting for just over an hour and including groups for young people. A Prayer Meeting is held every Wednesday, starting at 7:14 pm.

None of the services the church provides would be possible without its dedicated team of volunteers. Originally, volunteers were all members of MBC, however over time people from other churches have come forward, as have individuals who enjoyed the meetings so much that they wanted to become more involved. New volunteers are always welcome.

MBC is extremely grateful for the on-going support of all its volunteers, the help provided by Madeley Town Council, and local businesses.

If you would like to find out more just come along, visit our website: madeleybaptist.org.uk, or find us on facebook. Everyone is welcome!

Our Community...



Would you like
some company?

We are here for you!

Enjoy refreshments,
make friends, confidential
conversation and sign-posting

**Friendly
Faces**
@ Woodside

£1 per
session

EVERY MONDAY
IN THE FAMILY ROOM,
PARK LANE CENTRE

1pm - 3pm



madeleybaptist.org.uk



Pride in our High Street 4

The new programme of
support will provide the
following for Madeley:



Start Up Grant

Ranging from £2500 - £10000. Support businesses to start up within the prime retail area or support a business to relocate from another area to one of our borough towns. Specific eligibility criteria. All enquiries to be sent to prideinourhighstreet@telford.gov.uk

The Trial Start-Up grant

Up to £1500 to purchase a market styled gazebo, stock and all costs associated with opening a market stall. Must trade on both market days and evidence a TF postcode as applicants residential address.

Façade Grant for Borough Town Shop Units

From £500 to £3k (upper limit for Listed Building or Building within the conservation area) to update the shop façade and signage. Specific eligibility criteria. All enquiries to be sent to prideinourhighstreet@telford.gov.uk.

Eco Grant

£500 maximum to allow businesses to purchase energy saving products and make permanent changes to their business to become more sustainable

Digital Grant

£500 maximum to allow businesses to improve their digital presence.

High Street Leisure Challenge

Will be offered in all borough towns.

Facebook

High Street Page – has launched TW High Streets Love Local. Advertise your business for free and showcase any special events in Madeley

High Street Celebrations

Each borough town will be able to apply for funding for a high street celebration event.

Wellbeing
MADELEY
COMMUNITY
CAFÉ

£3.50

Upcoming session
2nd May 3pm-5pm

**AFTER SCHOOL
Supper & CRAFTS**

everyone welcome

Friday 2nd May
Craft: rocket wands!
Supper: make your own Pizza!

**Treat Friday!
Every Friday!**

We will have crafts to get creative, enjoy and take home. Then supper will be served. Our menu, hot drinks and cakes also available. We aim to take the after school pressure away from parents and carers. Everyone is welcome whether your children are 2 years old or 16! Drop in any time up until 3.30 to give you enough time to create and eat!

Please email or Facebook message to book-
molly.brookes@tandwcvcs.org.uk

School News...

Woodlands Trip to London

A group of year five children have just returned from a fantastic overnight trip to London!



They toured the sights of our capital city, including Buckingham Palace and Tower Bridge, enjoyed a meal out at Pizza Express, watched the musical Wicked, feasted on an 'all you can eat' breakfast at a Premier Inn and explored the National Science Museum. The children demonstrated exemplary behaviour and were a real credit to Woodlands.



World Book Day

Woodlands had a wonderful time celebrating World Book Day. We were astonished by the amazing range of book character themed costumes worn by the children and staff!



WRAPAROUND CARE at John Randall Primary School and Nursery

Early Birds Breakfast Club runs every day from 7.45am.

All Sorts Out of School Club runs every day from 3.15pm until 4.30 or 5.30 collections.

Wraparound Care must be booked a day in advance via ParentPay. Sessions can be booked on ad-hoc basis and must be paid for at the point of booking, unless using Tax-Free Childcare.

We accept payment through your Tax-Free Childcare account as payment for **Wraparound Care (Early Birds Breakfast Club and All Sorts Out of School Club)**. However, these sessions will have to be booked through school and not through your ParentPay account. If you wish to use this, please click on link below to set up your tax free childcare account Tax-Free Childcare - GOV.UK (www.gov.uk).

Please ensure you complete a Registration Form for Wraparound Care sessions before you use the service for the first time.

Registration Forms can be found on the school website, or from the school admin office.

ALL SORTS AFTER SCHOOL CLUB

(JOHN RANDALL WRAPAROUND CARE)

Come and join us for fun and games after school every day during term time.

Sessions available from 3.15pm-5.30pm.

The daily cost is:

- 1 hour and 15 minutes: £5.00 (3.15-4.30pm) - healthy snack provided
- 2 hours and 15 minutes: £7.50 (3.15-5.30pm) - tea time snack provided (15% sibling discount)

We have set activities available every day but will adapt what's on offer depending on the children's preference.

All sessions will include some outdoor play when possible.

MONDAY - Arts and Craft Club

WEDNESDAYS - IT Club

FRIDAYS - Film Club

TUESDAYS - Board game club

THURSDAYS - Just Dance Club



Mayor - Helena Morgan
(Labour)
Woodside Ward
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E: clrhelenamorgan
@madeleytowncouncil.gov.uk



Deputy Mayor - Ruth Meadows
(Labour)
Madeley Village Ward
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E: clrruthmeadows
@madeleytowncouncil.gov.uk



Councillor - Peter Cogings
(Labour)
Madeley Village Ward
T: 01952 588 153



Councillor - Arnold England
(Labour)
Cuckoo Oak Ward
T: 01952 414443
E: arnold.england@telford.gov.uk



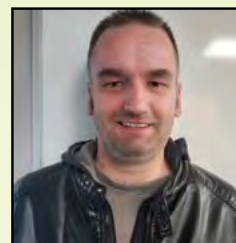
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T: 07855 068 649
E: janice.jones@telford.gov.uk



Councillor - Nathan England
(Labour)
Madeley Village Ward



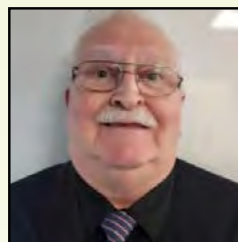
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Councillor - Stefan Heighway
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